## Flintshire Flying Start Highlight Report 2020/21




This highlight report summarises and complements the 2020/21 Flying Start yearend report, to demonstrate the achievements of the Flying Start programme and team members during the Covid Pandemic. Their resilience and dedication to Flying Start families \& children and their commitment to multi-agency work is exemplified in the following statistics.

## Investment in Flintshire Family Centre's



Locality investment in the period


## Children benefiting from Flying Start services

Throughout 2020/21 the average caseload across four teams was 1,213 children aged $0-4$. Overall the teams managed to successfully contact and deliver support and Flying Start services to just over 1,800 children as follows:


They contacted these families face to face or virtually the following number of times:


Below is a brief summary of what was achieved in 2021/22 by the Flying Start teams

## The Health Team

| 1,438 | Individual children had 7,223 contacts with a health visitor or a community staff nurse, of these $23 \%$ were completed face to face in the home or a clinic and $83 \%$ were completed virtually |
| :---: | :---: |
| 1,087 | Individual children received over 2000 Core contacts from the Healthy Child Wales Program in the period |
| 230 | Pregnant women received antenatal contacts offering advice and support about pregnancy, birth and breastfeeding |
| 463 | Individual children received a Developmental Review at fifteen or twenty seven months of age from a health visitor or community staff nurse |
| 261 | Parents received home safety advice from a health visitor or community staff nurse in the period |
| 155 | Flying Start families received support and advice from the Flying Start Midwife who also facilitated 19 Virtual Solihull Antenatal courses |
| 126 | Individual children received over 700 Safeguarding contacts in the period |
| 272 | Children received a 3.5 year pre-school contact in the period |
| 54 | Parents accessed the Flying Start Counselling Service receiving over 400 sessions between them, to help and support with their mental health |

Katie has been amazing and completely changed her life. Without Katie she would not have had the confidence to make the changes she had. "A" said she has built up a brilliant relationship with Katie.

I really enjoy the contacts. She gives me good ideas on things that I can do with " S " with weaning and play. We work out a plan of how to do things together.

Family Support Team - parenting, speech, language \& communication


The house is a happier place to live and not so much shouting. Our family worker has been excellent and made a real difference to our household


## Bespoke Targeted Packages of Support

163 parents completed 177 Bespoke Targeted Package of Support in the period with $90 \%$ recording a positive distance travelled. Below is the number of parents that completed each support type:


## Parenting and Early Language (SLC)

41 Formal and Informal structured group based courses were completed in the period virtually. Over one hundred parents attended these courses with $94 \%$ recording a positive distance travelled (PDT):

Formal courses


Parents completed a IY Toddler course, all 6 had a PDT

Parents completed a Solihull Antenatal course, of which 38 had a PDT

Of Parents who completed a Formal course recorded a positive distance travelled

Informal courses


Parents completed a Baby Massage course of which, 19 had a PDT

Parents completed a Come and Cook course all 6 had a PDT

| 96\% |
| :--- |
| Of Parents who completed an <br> Informal course recorded a positive <br> distance travelled |
| Parents completed a Family Links <br> Playful Parenting course. An <br> evaluation tool is still to be set up for <br> this course for PDT |



Childcare and Advisory Teacher Team


In the period 28 childcare settings delivered Flying Start childcare and were supported by the Childcare Advisory team throughout:

## 35

Childcare settings had 650 contacts from an advisory teacher in the period

Families were provided with 670 contacts of childcare advice, support and information from an advisory teacher

318
Flying Start eligible children aged 2-3 years attended 17,106 childcare sessions in 28 childcare settings

35

## Children attended 873 outreach funded childcare sessions

36
Children attended 1,108 Additional Funded childcare sessions in 17 childcare settings

37
Children had a 36 month WellComm Screening at a Flying Start childcare settings

14
Flying Start Children were identified and received $1: 1$ support in a childcare setting


April to September 2020 the Flying Start Advisory Teaching team were responsible for the placement and support of Pre-School children referred for childcare under Category 3 of the Coronavirus Childcare Additional Support (C-CAS) Grant.
Children were referred by Health and Social Care professionals and assessed as being:

- At significantly increased safeguarding risk from being at home
- In a family/placement which would be at risk of breakdown without access to external provision

101 children were placed in childcare through the CCAS scheme, of those 24 lived in a FS area and 4 had been in receipt of Flying Start Outreach Childcare support pre COVID lockdown.

In August, as the C-CAS Grant funding period came to an end, the Flying Start Advisory Teaching team engaged with Health and Social Care professionals to identify children still at increased risk. As a result of this, in September, 38 children, recognised as needing continued support, remained in childcare. Of these 14 children were not living within a FS postcode and funding for their childcare place was met through Flying Start Outreach


## More comments from our families and childcare:

66 She has been amazing with me. I can always give her a ring, I never have to think who shall I ring, she isn't just a health visitor to me, we always have a chit chat and have a laugh about things, sometimes those little laughs will make someone's day.

Thank you again so much for sorting Xmas referral out. It's took a huge worry off my mind that they will have some presents now.

Having counselling has helped me be able to deal with life so much better. How I approach issues and situations has improved so has my self esteem.

Thank you so much, really appreciate it, my head head don't seem to be coping with paperwork at the mo, I was getting stressed out very quickly $\mathbf{x}$

Beth is lovely and she has already started helping me loads with " M " despite not being able to visit. I am looking forward to seeing her at my house so she can help me even more as she is knows about a lot of things.

She's great. I look forward to the contact and she has helped me into other groups to learn how to support "K".

Baby massage has given me a different bonding experience with my baby. It has been an opportunity to see other people and their babies. It has given me something to get ready to go to, thank you so much I'm glad we got to do the course .. its been fun to do something with others

I have felt allot more confidence and relaxed about having the baby because of the things I have learnt during the course! And now he is here I am able to put to practice the things I have learnt!

I cannot thank you enough for what you have done for me and my family. The support you have shown me has proved invaluable. You are fantastic at what you do

Thank you so much for sorting it out for me (AFC). It's been really helpful having 2 afternoons a week to get Uni work done.



## Childcare Comments

Angela was a great help at a time of need as she managed to find my son a one to one support. This was necessary as his nursery had said he couldn't go unless we found one. My son now attends his local nursery, with the help of one to one support, so without the help of Angela and Flying Start this would not have happened. Due to COVID19, Angela arranged Zoom meetings for us to meet the 1:1 support worker, before my son met her at the setting. Angela also invited us to join Makaton courses to see if that would help my little boy with his communication.

The support, feedback and information we receive from our advisory teacher is essential. Also during the pandemic and now as we are attempting to get back to normal we need to support the children even more and again with the help of the advisory teacher. Claire will respond to requests and queries we have and arrange straining around the nursery opening times. Claire has presented on numerous occasions which are extremely informative and enables to discuss the subject indepth

Here at this setting we are a group of three childminders working together from my home. We have cared for children from flying start for over 15 years, in one capacity or another. We are proud to be part of the flying start team and take our role very seriously, enabling us to provide quality childcare in a loving home environment. None of this could be done without Claire, our Flying start advisory teacher.


I always find that Angela and all the Flying Start staff provide a very personal service to me and the families we work with. Everyone is treated with respect, and individual needs are identified and special care is taken to ensure families receive the help and support they need, which is then used to find the appropriate setting for each family. Parents have commented to me how supportive you are, and that they feel comfortable talking through their issues, prior to starting at my setting.
Thank you for all that you do and the positive impact and opportunities that are created for childcare providers, families and especially the children we support.

